MARCH MEDICAL WATERFRONT MEETING

CAREER INFORMATION CENTER

HOSTED BY: MRD-SD

March 26th Waterfront Meeting

Career Information Center

			Minutes
MRD-SD	LT Gilman HMCM Nafus	Welcome & Updates	5
Operational Medicine	HMC Montalvo	Operational Medicine Symposium	5
Ortho Spine	LCDR Saldua	Lumbar Spine Surgery: Indications and Outcomes	50
MRD-SD	LT Gilman	Miscellaneous Updates	10
		Total	70

Medical Readiness Division - San Diego

MRD - SD Updates

HMCM Phil Nafus

phillip.nafus@navy.mil

(619) 556-1467

OPERATIONAL MEDICAL SYMPOSIUM

HMC MONTALVO

LUMBAR SPINE SURGERY: INDICATIONS AND OUTCOMES

N. SALDUA, MD
LCDR MC USN

CLINICAL PRACTICE UPDATES

LUKE GILMAN, MD

LT MC USN

SMART CLINIC HOURS

- 0900-1130 OPEN for ACUTE WALK-INS
- 1300-1400 NO LONGER OPEN for ACUTE WALK-INS

- ACUTE: 72 HOURS OR LESS SINCE INJURY
- SUB-ACUTE: GREATER THAN 72 HOURS (NOT ELIGIBLE FOR WALK-IN)

COMPETENCY FOR DUTY

- Instruction: 6120.20C
- NMCSD ER does not perform during working hours
- Labs not always required
  - Only when CO requests
- NMCSD Lab can complete STAT labs
  - BMC does not have this capability
- Examination should be completed by Medical Officer if in port
- Reminder: Courtesy call NMCSD ER if sending patient for any reason

DIVE PHYSICAL CONTACTS

- For EOD Physicals, POC is EODESU 1 (LT Enright): 619-438-5248--> MRD-SD screens 2807.1, labs, and tests completed by command (IDC). EOD fills out physical examination.
- -For SPECWAR (SEALS, etc): 619-437-5612 (multiple IDCs/UMO- call to schedule appt)--> same as above, SPECWAR fills out physical examination
- -For Dive/Dome Dive, POC is Physical Exams 619-545-2099--> the IDC competes the physical and examination, CAPT Eichenmuller reviews, clears and co-signs note.

HEPATITIS B SCREENING

- SECNAVINST 5300.30E
- All personnel shall have documented Hepatitis B immunity upon transfer, deployment, or separation/retirement
  - Immunization shall occur if no proven immunity, must re-test 25 months after immunization until immunity has been reached
- Proper Screening Test
  - Hepatitis B Surface Antibody
  - Acute Hepatitis Panel Not Required
- HIV testing should be conducted every 25 months
- Hepatitis C testing should be conducted every 5 years
- All personnel PCS OCONUS must be tested within 12 months of transfer
- All personnel who test positive for STI must be tested for HIV and HCV and if necessary, HBV

PHYSICALS

PLEASE COMPLETE PROPER WORK-UP

SEE ATTACHMENT FOR DETAILS

CME

CME CODE:

6773

CLOSING DATE:

2 APRIL 2014

UPCOMING LECTURES

APRIL 2014

PULMONARY SLEEP

MAY 2014

MIND/BODY MEDICINE

Contact Number

QUESTIONS?

http://www.public.navy.mil/surfor/Pages/idcorpsmen.aspx

GMO Contact:

Office (619) 556-5191

Clinic (619) 556-8069

MRD SD:

(619) 556-0662